

- This book is designed for patients who have chronic illnesses that require frequent doctor visits, procedures or hospitalization. It is to contain information that you should have available, should you have to change physicians, go to the Emergency Room or see a specialist.
- Only put here what you are comfortable with sharing
- Certain parts of this workbook require the assistance of your physician. It is okay if you don't understand all of the terminology. Ask you health care provider to assist you.

- This workbook will help patients with the following
- Lupus
- Diabetes
- Heart Disease
- Transplant Patients
- Patient with current or past cancer
- Sickle cell
- Emphysema

Section 1:

Doctor Information

*Place doctors name, phone number, address
and specialty*

Primary Doctor:

Specialist (1)

Specialist (2)

Section 3:

Continued

Use this list to circle all medical problems, if
easier: Angina

- Arthritis
- Asthma
- Cancer ; type:
- Cholesterol
- Colitis
- Diabetes
- Emphysema
- Fibroids
- Glaucoma
- Heart Disease
- Hepatitis
- Herniated Disc
- High Blood Pressure
- Kidney Problems
- Liver Disease
- Lupus
- Multiple Sclerosis
- Seizures